

COVID-19 CHEERING Protocol for International Volunteers/Interns

Due to the current public health environment, and the legitimate concerns over the spread of COVID-19 in Greece- particularly into refugee camps and shelters- CHEERING has developed a protocol for all international team members arriving in Attika. This protocol must be followed by all volunteers entering Greece from outside the country; the form signed by the volunteers/interns is legally binding in this regard.

General Protocol

After careful deliberation and the conduction of several general risk assessments, CHEERING has mandated that all international staff members, volunteers, and interns must, where possible, acquire a documented **negative PRC test no older than 3 days prior to arrival**. Following arrival, the individual must go from point of entry into the country (airport, train station, ferry terminal etc.) **DIRECTLY** to the address they plan to stay for the duration of their time with us. The individual is then required **to quarantine for an additional 7 days**. During this time, our staff will ensure the safe delivery of groceries and other necessities to the address provided. We will remain at your disposal for the designated time of quarantine and will ensure this time is spent virtually training you for your position with us.

In the event that access to a PRC test cannot be acquired, the individual will be required to **quarantine for a full 14 days**. As mentioned, our staff will ensure the safe delivery of groceries and other necessities to the address provided. We will remain at your disposal for the designated time of quarantine and will ensure this time is spent virtually training you for your position with us.

During our time with us, it is expected to adhere to the strictest hygiene protocols. You must always ensure that you are following hygiene guidelines and maintaining safe practices. This protocol was designed to protect beneficiaries, staff, partners, and the general public from infection. Due to the already strained healthcare infrastructure in Greece, it is of utmost importance that you follow this legally binding protocol in order to protect yourself and others.

Arrival in Athens

In the event of an airport arrival, there are a number of measures in place. Firstly, the passenger arriving to Greece must fill out a Passenger Locator Form (PLF) **24 hours prior to departure** (<https://travel.gov.gr/#/user/login>). This form requires information such as name, passport number, permanent address, point and date of arrival, and address for the first 14 days in Greece. It is vital that this form is filled out accurately and in a timely fashion, otherwise there is a possible fine. Please continuously check the legal entry requirements into Greece from abroad- the situation is unstable and constantly changing.

Please ensure that throughout your travels you are observing hygiene protocols such as wearing a mask, disinfecting and washing your hands, and social distancing where possible.

Upon arrival, security will check your PLF, and may carry out random COVID-19 tests. If you are chosen for a COVID-19 test, please comply with the security and staff at the airport. After this test is or isn't carried out, please ensure that you collect your baggage and go **DIRECTLY** to your accommodation facility.

Quarantine

As stated previously, we expect our incoming team members to abide by quarantine measures we have implemented. This means to quarantine for 7 days in the event of a negative PRC test, or 14 days in the event that you are unable to acquire a test. This is in place due to the long incubation period of COVID-19.

During this time, we will ensure the provision of all necessities, groceries, and other materials to you. Please **DO NOT** leave your place of quarantine.

We will also ensure that you are trained during this period, in order for you to be able to begin work with us right away. Please continuously monitor your temperature, record any possible symptoms, and let us know if you are worried about possible infection in order for us to take the steps necessary to ensure the safety of you and others. The contact number for COVID-19 information, or health service point in the case of fear of infection is **1135**.

Post-Quarantine

After quarantine, please make sure to observe proper hygiene protocols. It is important to remember that the risk of infection still exists and can be passed on to anyone you come in contact with- including the vulnerable populations we serve. In consideration of this, please:

- Make sure to wear masks in public transport, shops, or any indoor location
- Where possible, always ensure a minimum of 1.5m between you and anyone else
- Avoid crowded locations
- Always wash your hands after being in a public place
- Always carry hand sanitizer and disinfect your hands generously
- Be aware of any legal regulations, or restrictions the government has put into effect and follow them

Please also observe the hygiene protocols CHEERING has put into place, especially when conducting Grow Clinics.

- Always wear a mask
- Disinfect your hands between patients
- Disinfect all equipment after each patient
- Ensure social distancing between patients and staff
- DO NOT come into work if you are not feeling well

Please ask us if you have any additional questions regarding COVID-19 in Greece, and our protocol.